



# Pre-Surgery Drop Schedule

**\*Wait 2 minutes between using OMNI and any other eye drops.**

SATURDAY / SUNDAY
Breakfast
<ul style="list-style-type: none"> <li>○ Lid Scrubs- clean around eye</li> <li>○ Fish Oil- follow bottle directions</li> </ul>
Bedtime
<ul style="list-style-type: none"> <li>○ Lid Scrubs- clean around eye</li> </ul>

SUNDAY / MONDAY
Breakfast
<ul style="list-style-type: none"> <li>○ Lid Scrubs- clean around eye</li> <li>○ Fish Oil- follow bottle directions</li> </ul>
Bedtime
<ul style="list-style-type: none"> <li>○ Lid Scrubs- clean around eye</li> </ul>

MONDAY / TUESDAY
Breakfast
<ul style="list-style-type: none"> <li>○ Lid Scrubs- clean around eye</li> <li>○ OMNI- 1 drop</li> <li>○ Fish Oil- follow bottle directions</li> </ul>
Lunch
<ul style="list-style-type: none"> <li>○ OMNI - 1 drop</li> </ul>
Dinner
<ul style="list-style-type: none"> <li>○ OMNI - 1 drop</li> </ul>
Bedtime
<ul style="list-style-type: none"> <li>○ Lid Scrubs- clean around eye</li> </ul>

**\*NO FOOD OR DRINK AFTER MIDNIGHT**

## What to Expect

- The pharmacy will be calling you to confirm payment information & shipping address.\*\*The pharmacy will call from an 855 number, so please answer\*\*
- You will receive your medication from USPS in 3 business days. If you don't have your medication within 4 business days, please call OSRX directly.
- Your prescription is written with 1 refill. Call OSRX Pharmacy directly if you run out of drops or misplace them.

**O.S.R.X. Pharmacy's phone number is 1-855-466-1076**

## DAY OF SURGERY & THE FOLLOWING DAY



**Continue to use drops three times per day.**

**Please bring drops with you to the surgery center.**

**You will be given a new post op drop schedule at your one day follow up visit.**



**Lid Scrubs (any brand)**  
May be purchased over the counter.  
*May be substituted with baby shampoo.*



**OPTIONAL**  
**Triglyceride Formula Fish Oil**  
Brands Recommended:  
Nordic Naturals or Carlson  
*May be found at Earth Fare, Whole Foods, or GNC.*